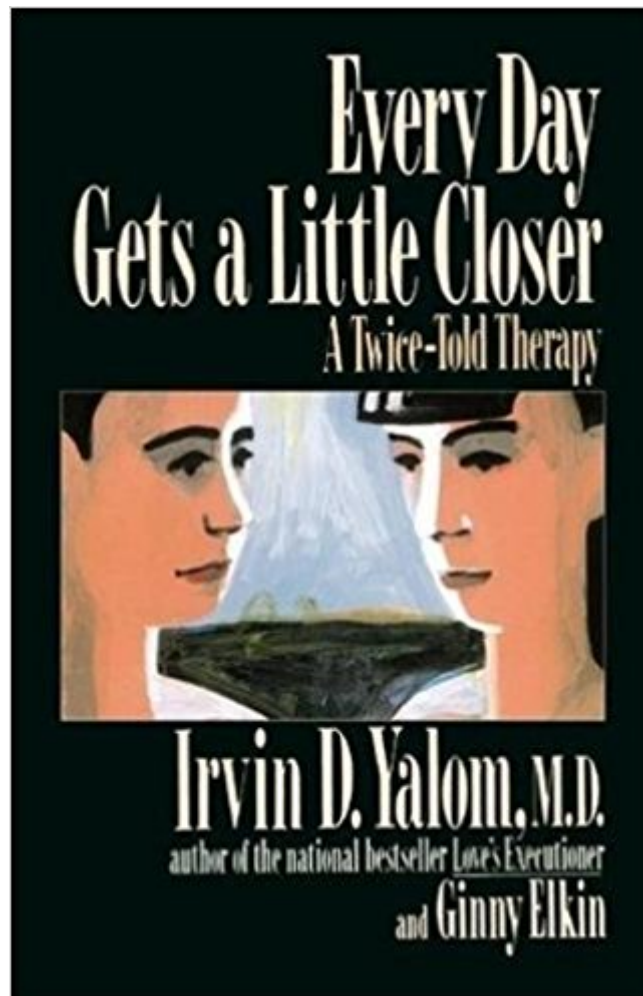




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Every Day Gets A Little Closer: A Twice-Told Therapy



Synopsis

The many thousands of readers of the best-selling *Love's Executioner* will welcome this paperback edition of an earlier work by Dr. Irvin Yalom, written with Ginny Elkin, a pseudonymous patient whom he treated; the first book to share the dual reflections of psychiatrist and patient. Ginny Elkin was a troubled young and talented writer whom the psychiatric world had labeled as "schizoid." After trying a variety of therapies, she entered into private treatment with Dr. Irvin Yalom at Stanford University. As part of their work together, they agreed to write separate journals of each of their sessions. *Every Day Gets a Little Closer* is the product of that arrangement, in which they alternately relate their descriptions and feelings about their therapeutic relationship.

Book Information

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Customer Reviews

Irvin D. Yalom, M.D., is professor emeritus of psychiatry at the Stanford University School of Medicine. He was the recipient of the 1974 Edward Strecker Award and the 1979 Foundation's Fund Prize in Psychiatry. He is the author of *When Nietzsche Wept* (winner of the 1993 Commonwealth Club gold medal for fiction), *Love's Executioner*, *Every Day Gets a Little Closer* (with Ginny Elkin), and the classic textbooks *Inpatient Group Psychotherapy* and *Existential Psychotherapy*. Irvin D. Yalom, M.D., is the author of *The Theory and Practice of Group Psychotherapy* and *Love's Executioner and Other Tales of Psychotherapy*, among other books. He is a professor of psychiatry at Stanford University.

Yalom makes it easy to understand therapy and diverse populations.

Great book for therapists.

Love any book from Yalom

Only for the serious therapist who want to grow within!

Very slow. Found it to be quite boring.

could be a great book only its too hard to read ..print is too small and in paperback that means very blurry

I was very happy with this book. It came in a timely manner and there were no surprises to the condition of the book- it was in great shape!

This account will be interesting to students of psychotherapy, because Dr. Yalom is an honest, sincere practitioner who tries to use the here-and-now, the relationship between therapist and client, to reveal, understand, and change the dynamics at play in all of the relationships in the client's life. Dr. Yalom cares deeply about Ginny, a dreamy, wispy person who cannot define herself throughout the whole course of the book. She is so stagnant that the book is dry and boring, rarely stirring emotion or caring in the reader. Only at the very end when she brings along Karl, her boyfriend, does therapy yield substantial benefit and seem worth the effort to undertake (or read about it). In fact, this book depicts some of the real drawbacks of therapy and might be valuable in that regard. In the end though, Dr. Yalom is such a likable guy that the work has merit. But skimming or low expectations is also warranted.

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